

How to prevent sepsis

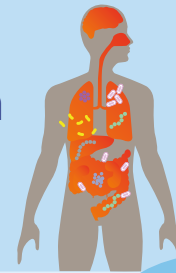
The role you can play in health care and communities

Sepsis can be prevented by



preventing **infection**

preventing the evolution of infection to **sepsis**

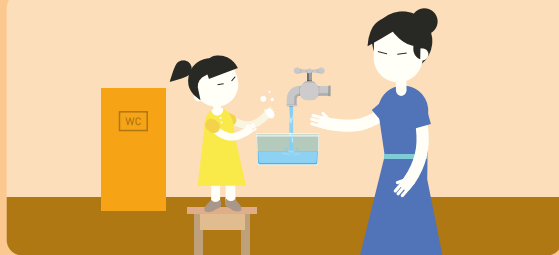


The main ways to prevent **infection** are:



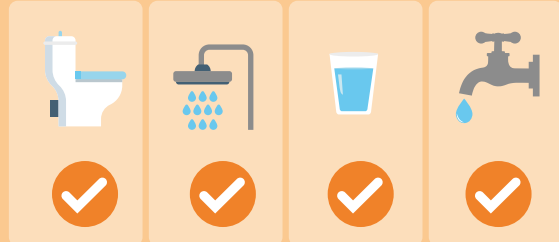
Good hygiene

↓ 40%
DIARRHOEA



Safe water and sanitation

↓ 10%
GLOBAL
DISEASE BURDEN



Safe food preparation and good nutrition



↓ 50%
DIARRHOEA

↓ 30%
RESPIRATORY
INFECTIONS
IN CHILDREN

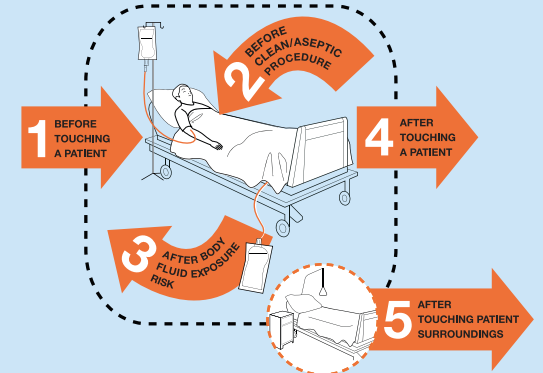
Vaccinations

Prevent
2-3
million deaths
every year

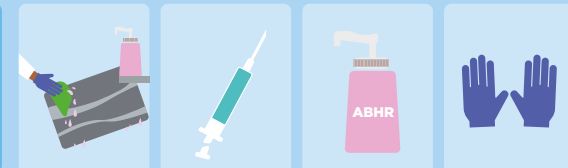


Practicing the 5 Moments for hand hygiene

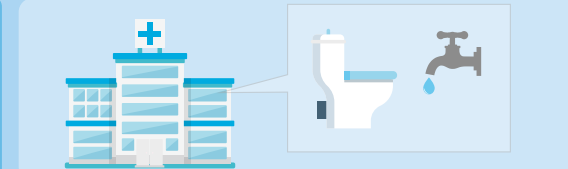
↓ 50%
INFECTION



A clean, well-functioning environment and equipment



Safe water and sanitation

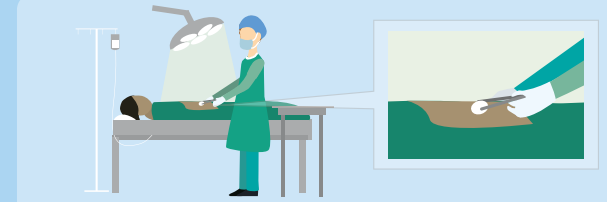


Infection prevention and control programmes and teams

↓ 30%
INFECTION



Infection prevention measures



Evolution of an infection to **sepsis** can be prevented by:

Early detection of sepsis signs and symptoms

Prompt seeking of medical care

Prompt antimicrobial treatment and its reassessment

